



Australian Football College

Learn, Earn and Play



TALENTED ATHLETE PROGRAM

Combining Sport with Education

Approved by



Australian Government

Department of Education, Employment
and Workplace Relations



Australian Government

Australian Sports Commission



Queensland
Government

Education Queensland



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OVERVIEW

A number of athletes are driven by their passion for sports with little dedication to academic outcomes, rather, dreaming of sporting excellence and a career as a professional athlete. Australian Football College (AFC) applauds the sporting aspirations of these athletes however we believe that the dream of sporting excellence should also go hand-in-hand with education.

There are millions of athletes across the world and statistics show that less than 1% go on to have a professional career where they will earn enough to make a living. That leaves over 99% of athletes who need an education to prepare them for life after sport. AFC believes that by engaging an athlete's passion for sport we are able to keep them involved in education for longer and direct them on a sustainable sporting career pathway.

THE PROGRAM

AFC's Talented Athlete Program provides a best practice model by combining football training, education and academia to allow athletes the opportunity to follow their ambitions. Year 10, 11 and 12 students complete a two year program, the aim being to discover further talent following a period of intensive football training and coaching designed to improve every individual's game as well as education on all aspects of the sports industry.

Program participants will complete the Queensland Certificate of Education (QCE) as well as Vocational Education and Training (VET) qualifications. The program at the same time combines a comprehensive high performance training program (either linked to your current club/association programs or specifically designed for the individual) to maximise a participant's potential and involvement in their football to achieve their football dream.

The program is specifically designed to provide a tailored and targeted development pathway to help athletes achieve their football goals, while at the same time ensuring their education remains a priority.

INCLUDED IN THE PROGRAM

- High Performance Training in football.
- Queensland Certificate of Education – (Delivered by BSDE)
 - English Communication
 - Pre-Vocational Mathematics
- Certificate III in Football Coaching, Sport and Recreation or Fitness
- Certificate IV in Football Coaching, Sports Development or Sport and Recreation
- Australian Sports Commission Level 1 and 2 Coaching National Accreditation
- Australian Sports Commission Officiating National Accreditation
- Accredited First Aid Certificate Levels 1, 2 and 3
- Paid Work Experience (max 8 hours per week).

THE HIGH PERFORMANCE TRAINING PROGRAM

Australian Football College offers a comprehensive high performance training program to fulfill athlete's development and elite performance needs, covering all areas of the professional game of football. The program aims to define optimal training, competition and recovery throughout your athlete's career to enable them to reach their full potential in their football.

The list below will give you an idea of some of the content of the program:

- Develop technique and skills
- Develop tactics and strategies
- Sessions with a strength and conditioning coach
- Nutrition, health & lifestyle advice
- Expert coaching sessions for all outfield positions
- Laws of the game and fair play
- Team building activities
- Trial matches in front of major club scouts
- Competitive matches
- Friendlies against Premiership club
- Access to state and national coaches
- Sessions with former pro-sports and managers
- Referee seminars
- Sessions regarding professional contracts
- Physiotherapy sessions
- First aid training
- Excursions to see top clubs training
- Visits to see games with analysis
- Media training, and much more

ABOUT AFC

Australian Football College (AFC) is a Registered Training Organisation (RTO) and is the first institute to offer academic Football qualifications in Australia and is a provider of world class education and training in fully accredited Football academic courses.

AFC is a unique Football Institute in Australia and we understand the needs of Australian Football by offering highly specialised, comprehensive and individually designed Football education and training programs. Our programs are designed to cater to the needs of Football organisations in Australia and offshore.

AFC provides excellence through a full range of Football education and training programs. Programs are designed to incorporate Football specialist areas. AFC offers academic courses for Football Coaches, Trainers, Fitness Coaches, Marketing officers, Administrators, Managers, Development Officers, Club Supervisors, Event Managers and Referees. AFC offers qualifications from Certificate II to Diploma level.

ABOUT BSDE

The Brisbane School of Distance Education (BSDE) is a school approved by the Department of Education and Training of Queensland. The driving philosophy of BSDE is to provide quality education for all students in a caring and flexible learning environment.

BSDE was initially designed to provide education to isolated families in Queensland and is now leading the innovative delivery of world class curriculum using global technologies. BSDE values every child as an individual and strives to provide a flexible curriculum to meet their needs. For further information go to school website at www.brisbanesde.eq.edu.au

AFC DELIVERY LOCATIONS

Australian Football College's two-year football and academic program has been specifically designed to be flexible in the location and method of delivery. AFC and BSDE offer flexible delivery options in Education and Training and will work with everyone in composing a program to suit individual needs and commitments.

SCHOOL BASED TRAINEESHIP

A school-based traineeship represents an excellent opportunity for students to begin a career while studying year 10, 11 or 12 at school, enabling students to gain their QCE; an industry recognised qualification and a history of paid employment. Traineeship students complete their program competitive and ready for full time employment or further education and training. School Based Traineeships are provided at no cost to the student and each trainee will also complete paid work experience of up to 8 hours per week enabling them to earn up to \$65 per week.

STUDENT BENEFITS

The schedule of benefits available for athletes can include some/ all of the following:

- Access to suitable training facilities and competitions provided at AFC.
- High performance coaching and training under the direction of AFC's head coach.
- Provision of training programs to prepare for a professional playing career.
- Preparation for trial matches in front of major clubs and club scouts in Australia and from abroad.
- Education pathways for players wishing to pursue a career in the sports industry.
- Attainment of the Queensland Certificate of Education (QCE).
- Attainment of the Australian Sports Commission's Coaching and Officiating National Accreditation
- Links to a range of sporting organisations that foster opportunities within the sport industry.
- Opportunities to develop further pathways and articulate into an Australian University.
- The program will engage players through real life learning via an integrated curriculum linked to the sports industry.
- Providing a traineeship is a great way to start your career and you can earn money while you gain a nationally recognised qualification.
- Work placement in schools and sports organisations, supporting the existing physical education, sports and health programs while providing current work experience.
- Hands-on learning in real working environments and industry networking opportunities.

TRAINING AND EDUCATION WEEKLY PROGRAM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8.30 - 8.45	Registration	Registration	Registration	Registration	SCHOOL BASED TRAINEESHIP WORK EXPERIENCE	
9.00 - 11.00	HPT	HPT	HPT	HPT		
11.00 - 11.30	Recess	Recess	Recess	Recess		
11.30 - 12.30	BSDE Study	BSDE Study	BSDE Study	BSDE Study		
12.45 - 13.30	Lunch	Lunch	Lunch	Lunch		
13.30 - 14.30	Theory	Theory	Theory	Theory		
14.30 - 15.30	Practical	Practical	Theory	Practical		
15.30 - 16.00	Recovery	Recovery		Recovery		
16.00 - 17.30	OPTIONAL STUDY					
17.30 - 19.30			GAME			
HPT	High Performance Training		Theory	VET , ASC or Sport		
BSDE	Brisbane School of Distance Education		Practical	VET, ASC or Sport		

WHY AFC IS AN UNIQUE INSTITUTION

How will the College differ from a Conventional School?

Features	ASA	Conventional School
QCE available upon graduation	YES	YES
Overall Position (OP) available upon graduation	NO	YES
Opportunities for further tertiary pathways	YES	YES
Male and Female students	YES	YES
High Performance Training	YES	NO
National and International games	YES	NO
Sports Training at Industry standard sites	YES	NO
Sports training at a Certificate III level	YES	NO
Sports training at a Certificate IV level	YES	NO
First Aid Certificates Level 1, 2 and 3	YES	NO
Coaching Certificates Level 1	YES	NO
Coaching Certificates Level 2	YES	NO
Officiating National Accreditation	YES	NO
Paid work experience	YES	NO
Industry lead programs	YES	NO
All teachers/trainers have sports vocational qualifications	YES	NO
Curriculum presented in the context of sports industry	YES	NO
Gym Membership	YES	NO
Employment consultants to support the students	YES	NO

FURTHER INFORMATION

To join the Australian Football College program, please contact:

Enrolment officer
Australian Football College

Telephone 1300 656 693 - **Fax** 1300 721 648

E: admin@afc.edu.au **W:** www.afc.edu.au

Further information regarding the Australian Football College Program and delivery location options can be obtained at the AFC's information evening days.

For information on Australian Football College information evening please call 1300 656 693.